

## **How to Manually Export Mac OLM Files to PST?**

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Publicado el : 17-2-2025 13:02:59

This post will help you to come up with a workable approach for exporting Mac OLM files to PST format. OLM and PST files will be explained in this post. Additionally covered will be methods for importing OLM files into Outlook for Windows. Two methods will be used: automatic and manual. While the automatic process uses a third-party tool named TrustVare OLM to PST Converter. Understanding both OLM and PST file types will help us later on when we talk about the methods.

Mac Outlook stores mailbox data using the OLM file format. Emails, calendar events, and PST formatted contacts are among the objects Windows Outlook stores. Different operating systems use different file formats. Sometimes Mac Outlook users search for their OLM files on a Windows PC. They must create the OLM file on Windows. Let us investigate some more causes of this conversion.

### **Main Motives to Export Mac OLM files to PST**

These explain why Outlook OLM should be converted to PST. One must grasp these motives before moving OLM files to PST.

1. When your company chooses to go permanently from Mac to Windows environment.
2. To find and review the contents of the orphaned OLM files kept on the system.
3. For temporary Windows OS use, mac OLM can be converted to PST.
4. This conversion is required when you want to read and review the data in an OLM file.
5. Improve the email data transfer simplicity.

Let us then go over the ways to import OLM files to Windows Outlook.

### **Manually Converting OLM to PST using Outlook and Gmail**

This approach calls for a Gmail account. Outlook also has to be installed on your Mac. You need a Windows device loaded with Outlook if you want to store the OLM file data in Windows Outlook. Starting the conversion procedure now.

#### **Step 1: Enable IMAP Protocol**

- Start by log-on into your Gmail account.
- Go to the Settings option by clicking the Settings button.
- Choose the tab for Forwarding and POP/IMAP.
- Activate the IMAP configuration.
- Press Save Changes button five.

#### **Step 2: Design App Password**

- Visit the website
- Choose the Security option to start the two-step verifying function.
- Choose the App Password and log into your Gmail account.
- Choose Your App Option: Other (custom name).
- Then open Outlook Desktop on your Mac and generate under the Generate button.

### **Step 3: Outlook for Mac setting up Gmail**

- Open MS Outlook then select File from the menu.
- After that, under Add Account, click.
- Tell us your name and Gmail email address.
- Enter your App password once again to verify it.
- Starting the verification process by clicking the Next button

### **Step 4: Converting OLM files to Gmail**

- Then choose the New Folder option by right-click on your Gmail mailbox.
- Press Enter key after naming the folder.
- Copy the Folder option after right-clicking the Mac Outlook folder.
- Click the OK button from the freshly created folder.
- Your Gmail account will get your folder imported.

### **Step 5: Link Gmail to Windows Outlook**

- Create once more a new app password for Windows Outlook.
- Starting MS Outlook, choose the File option.
- Press Add Account button.
- Enter your Gmail email address.
- Enter your App password and then re-enter it.
- Starting the verification process, click Next.
- Click Finish after the validation procedure ends.

### **Step 6: Import PST formatted data using Outlook.**

- Choose the File option.
- Choose the import or export option after selecting Open & Export.
- Click Next once Export to a file has been selected.
- Choose Outlook Data File (.pst) in the Export to a File box then click the Next button.
- Choose the email folder you want imported.
- Check the subfolder choice then click next.
- Click the OK button after selecting the Browse button, deciding where to save the PST file.
- Click the Finish button after choosing not to export duplicate objects.

We have gone over a manual approach for converting OLM files into PST. This is a good approach; yet, it takes two different machines and a lot of time. We will detail the automated strategy that replaces the requirement for several processes in the next way.

### **Using expert tools to export Mac OLM files to PST**

We discussed the hand approach. Still, this is a long procedure for OLM to PST conversion. Essential for both expert and non-technical users equally is a simple and reliable method. I advise utilizing **TrustVare [OLM to PST Converter](#)** a third-party tool for converting Mac Outlook OLM to PST. This converter utility lets you export large-size OLM files without any hassle.

### **Last Thoughts**

It's time to call the blog closed. We have looked at several techniques, including automatic and hand ones. Some inexperienced users can run across problems with the manual way. I would want to suggest an automatic way to export Mac OLM files to PST.